

# IVANHOE SCHOOL

## **STUDY HABITS**

GET THESE RIGHT AND LIFE IS MUCH  
LESS STRESSFUL



# ROUTINE STUDY

## IT STARTS IN THE LESSONS



### TAKING NOTES

There are lots of ways to do this, it is important to find the one(s) that work for you:

- Headlines
- Bullet points
- Diagrams
- Focus on key information
- Keep it legible

### TAKING IT ALL IN

- Giving it your attention
- Understanding as you go
- Engaging with the work
- Taking notes
- Asking for help
- Deal with the difficult bits, don't ignore them

### KEEPING IT ORGANISED

- Keep your notes and books together/in subjects
- Put it away at the end of the day, get the next day's books ready

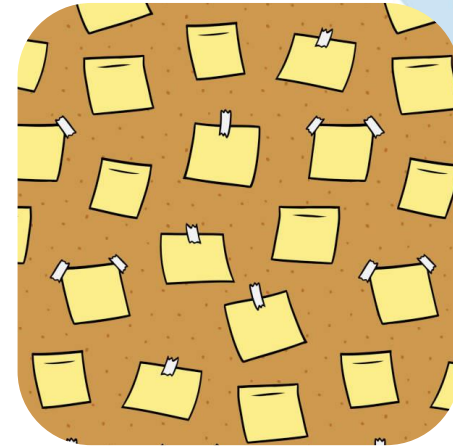
### GOOD HABITS

- Little and often
- Read ahead
- Review after
- Don't put things off



# DEADLINES

- Know what and when your assignments, tests and exams are
- Put them in your phone/diary
- Use the Post-It Wall



## BIG PROJECT & ASSIGNMENTS

- Break it down into manageable stages:
  - Preparation
  - Research
  - Draft
  - Edit
  - Final Version
- Decide how much time each stage needs

## THE POST-IT WALL

- Put each task on a separate Post-It – make sure to include what the task is and the deadline
- Stick it on the wall – high priority at the top, others low down
- Group them together, space them out – whatever helps you keep on track



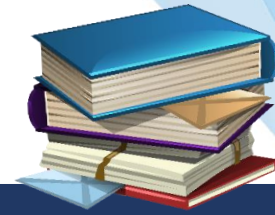
# REVISION

Reading textbooks/handouts is 'passive' revision and is the least effective way to revise. The more you can make your revision 'active', the better results you'll get.

## REVISION SCHEDULES

Creating a great schedule doesn't add a single thing to what you know – you have to *use* it!

- Look at how much time you have before the exams start
- Add in any special days/events (weddings, birthdays etc)
- See how much time you have for actual study and revision
- Allocate time between your subjects
- Factor in some time to relax and take some exercise
- Sketch out the plan and adjust it
- Keep track and adapt it if necessary



- Review/summarise your notes and make sure they are accurate and complete (RIRO – Rubbish In = Rubbish Out)
- Use diagrams and symbols to annotate your notes
- Create mind-maps and spider diagrams
- Create cue cards
- List key terms, themes, and concepts
- Make mini-videos you can come back to or share with friends
- Study with friends (but keep it focused)
- Use past papers and feedback
- Get 'exemplar' answers as guidance
- Explain things to someone else
- Give each session a clear focus
- Use the 30/10 or 45/15 approach
  - 30 minutes revision, 10 minutes rest
  - 45 minutes revision, 15 minutes rest

